

Thompson OB Phase Checklist Tracker

If starting in OB, complete Phase 1 through Phase 4 for OB. If already validated through Med/Surg Phase 4, use the Phase 5 OB bridge instead of restarting the shared foundation.

Use this as a bedside phase-gate worksheet. Initial/date the source checklist or guidebook for the official record. Phase placement shows where final competency is assessed; it does not prevent earlier teaching when the patient assignment creates the opportunity.

Nurse: _____	Unit: _____	Start date: _____
Primary preceptor: _____	Educator: _____	Completion date: _____

Phase 1: Thompson Foundations

Local systems, safety, professional expectations, communication pathways, and core OB unit onboarding.

Before moving on: Move forward when Thompson systems, OB unit access, basic communication routes, infection prevention, safety expectations, and escalation basics have been observed or fast-tracked by the preceptor.

Checklist source: FFTH Post Partum Orientation, pages 1-3, Birthing Center Onboarding, Thompson Nursing, Communications, Nurses' Station; FFTH Labor and delivery orientation, page 1, Introduction to Labor and Birthing Area

Checklist item / source details	Observed	Performed	Competent	N/A	Date / initials	Notes
Birthing Center onboarding and unit layout - Tour of unit, staff introductions, locker, mailbox, scrubs - Clean utility, dirty utility, instrument cleaning/high-level disinfection - Daily code cart check responsibility - Supply locations including LDRP rooms, OR, emergency delivery tray, ruptured membrane tray, PPH kit/box, sterile supply, Doppler						
OB technology and access - Epic, Obix, HUGS, Pyxis, Rover, Vocera - Epic Stork greaseboard and Obix central monitoring - Glucometer training						
Thompson intranet and professional expectations - Epic, UltiPro, Kronos/exception log, Performance Manager, CARES Count, MyPath, IT help, incident reporting, policies/procedures - Professional Development Binder, Strong Perifax, NRP, Gnosis, certifications - Magnet culture, PAS, Nursing Practice Council						
OB communication and handoff - Doctor on-call list, office numbers, supervisor numbers - Triage book, schedule/staffing book, code procedures, plain language, SBAR - Nurse-to-nurse report and daily safety huddle						
OB nurses' station and safety systems - Epic grease board, Obix central monitoring, call light/intercom, HUGS security system - Forms/charts, downtime requisitions, online policies/procedures						

Phase 2: Core Maternal-Newborn Practice

Common maternal-newborn assessment, admission, fetal monitoring basics, postpartum assessment, and newborn safety before high-risk integration.

Before moving on: Move forward when the nurse can complete basic maternal-newborn assessments, document care, communicate concerns, and recognize findings that require OB escalation.

Checklist source: FFTH Post Partum Orientation, pages 3-8, Antepartum Care, Patient Room Set-up, IV Therapy, Post-Partum Assessment, C-section, Epidural/Spinal, PPH; FFTH Labor and delivery orientation, pages 1-3, Admission Procedure, Fetal Monitor, External/Internal Monitoring, FHR basics; FFTH Nursery Orientation, pages 1-3, Infant Safety, Admission Procedures, Radiant Warmer, Cardio-respiratory Monitor

Checklist item / source details	Observed	Performed	Competent	N/A	Date / initials	Notes
Antepartum care and early pregnancy-related workflows - NST, BPP, preterm labor assessment/transfer process, external cephalic version - Pyelonephritis, methotrexate education/safety, hyperemesis, strict intake/output and daily weight when indicated						
L&D admission, triage, and fetal monitoring basics - Triage/admit navigator, nursing assessment, domestic violence assessment, consents, care plan, education, fall risk, orders, discharge planning - Fetal monitor operation, external monitor, internal scalp electrode review, IUPC review - Baseline FHR, variability, sinusoidal pattern, persistent minimal/absent variability						
Patient room setup and IV therapy - Birthing bed/surgical bed, call light/intercom/emergency buttons, thermometer, BP monitor, Thompson bags, needle disposal, Alaris pump - White boards and patient/family involvement - IV supplies, LDA documentation, labeling/documentation						
Postpartum assessment and routine postpartum care - Fundus, perineum, episiotomy, hemorrhoids, peri-care, lochia amount/color - Breastfeeding/bottle feeding assessment, respiratory, elimination, nutrition, psychosocial/bonding - Pain scale, non-pharmacologic comfort measures, immunizations, postpartum mood disorders, Edinburgh screening, Rhogam, gestational diabetes, obesity risks						
C-section, epidural/spinal, and postpartum hemorrhage basics - C-section pre-op and recovery assessment/documentation - Epidural/spinal site, CMS, bladder, fall risk - PPH assessment, fundal massage, bladder/clots, stay with patient, call for help and escalate						
Nursery safety, admission, and routine newborn care - Nursery layout, equipment, forms, nurse-to-nurse report and provider report - Infant safety, HUGS, ID bands, abduction drill, visitation/transfer/discharge policy - Admission vitals/medications, newborn assessment, hypoglycemia protocol, documentation, newborn care plans						
Nursery equipment foundation - Radiant warmer, oxygen/compressed air tanks, oxyhood, O2 analyzer, T-piece/neopuff, self-inflating bag, suction - Cardio-respiratory monitor, ECG leads, oximetry, BP when indicated						

OB Phase 3: Unit Transition

OB-specific workflow, postpartum/nursery/L&D routines, patient education, and the practical rhythm of the Birthing Center.

Before moving on: Move forward when the nurse can function inside OB unit flow, protect maternal-newborn safety, and complete routine postpartum, nursery, and L&D care with preceptor support.

Checklist source: FFTH Post Partum Orientation, Birthing Center, Communications, Post-Partum Assessment; FFTH Labor and delivery orientation, Admission, Fetal Monitoring, Labor Experience; FFTH Nursery Orientation, Admission, Nutrition, Preventive Care

Checklist item / source details	Observed	Performed	Competent	N/A	Date / initials	Notes
OB unit flow and family-centered care - Use handoff, huddle, Stork/Obix awareness, triage phone documentation, and provider/supervisor communication - Support family-centered care without losing safety priorities						
Postpartum education and discharge readiness - Birth certificates, parentage/paternity, proof of birth, WIC/Moms/social work - Lactation resources, outpatient lactation, support groups, mood/anxiety support - Discharge planning, education, videos, Edinburgh screening						
Labor experience support - Relaxation, positioning, breathing/focusing, tub/shower, hip wedge, labor/peanut ball, ambulation - Support persons, continuous support, psychological support, normal events/procedure education						
Analgesia and anesthesia support - Pain scale and ordered analgesia - Local anesthesia, epidural setup/support/monitoring, spinal support, general anesthesia awareness, nitrous oxide						
Newborn nutrition, discharge, and preventive care - Breastfeeding initiation, feeding cues, supplement indications and documentation, human milk storage, helpline, pumps - Formula storage and use - Discharge procedures, HUGS removal, ID matching - Hepatitis B, newborn screening, hearing screening, CCHD screening						
Nursery procedures and common newborn risks - Circumcision setup/pain/post-check/parent teaching - Oxygen policies, hypoglycemia protocol, late preterm baby care, car seat testing - Phototherapy, NG tubes, infection control						

OB Phase 4: Practice Integration

Final OB validation for high-risk maternal-newborn care, obstetric emergencies, neonatal escalation, medication safety, and integrated OB assignments.

Before moving on: Complete Phase 4 when routine and high-risk OB, postpartum, and nursery expectations are validated for the assigned OB role.

Checklist source: FFTH Labor and delivery orientation, pages 8-12, Pitocin, Cervical Ripening, Preeclampsia/Eclampsia, Cesarean Delivery, OB Code, Amnioinfusion, Chorioamnionitis, Prolapsed Cord, Placenta Previa/Abruption, PPH, Shoulder Dystocia, Precipitous Delivery, Stillbirth; FFTH Nursery Orientation, pages 4-8, Septic Workup, Syringe Pump, Preventive Care, Transfer, Neonatal Resuscitation; FFTH Post Partum Orientation, pages 7-10, C-section, Epidural/Spinal, PPH

Checklist item / source details	Observed	Performed	Competent	N/A	Date / initials	Notes
Induction, augmentation, and cervical ripening - Pitocin indication, consent, oxytocin checklist, baseline monitoring, IV setup/titration, documentation - Recognize fetal distress, uterine hyperstimulation, lack of resting tone, and required interventions - Cervidil, misoprostol, Foley balloon, fetal monitoring per policy						
Preeclampsia, eclampsia, and preterm labor management - Assessment of hypertension, proteinuria, edema, visual symptoms, headache, epigastric pain, HELLP risk - I/O, seizure precautions, quiet environment, labs, fetal monitoring - MgSO4 administration and calcium gluconate availability - Preterm labor assessment, hydration, tocolytics, antibiotics, antenatal corticosteroids, pediatric notification						
Cesarean delivery and OB code response - Pre-op preparation, 30-minute strip, IV bolus, abdominal prep, bicitra/antibiotics, consent, labs/H&P, baby warmer/crib - Emergent C-section documentation, 6666 activation, charge/supervisor/nursery/pediatrician contact - Maternal positioning, O2, IV bolus, Foley, prep, emotional support, OR equipment readiness						
OB emergencies and hemorrhage - Amnioinfusion, chorioamnionitis - Prolapsed cord, placenta previa, placental abruption - Postpartum hemorrhage, uterine atony, pads/chux weights, PPH kit/tackle box, transfusion/MTP if ordered - Shoulder dystocia, precipitous emergency delivery, stillbirth/bereavement care						
Advanced postpartum and C-section recovery - C-section recovery assessment, VS, dressing, lung sounds/IS, bladder/bowel, fundus/lochia, pain, SCDs - Epidural/spinal follow-up, fall risk, bladder assessment - Postpartum hemorrhage response and documentation						
Nursery escalation and neonatal support - Septic workup including CBC, CRP, blood cultures, x-ray, IV initiation, I/O, vital signs, antibiotics - Syringe pump setup/use - Transfer to SMH, admission/readmission/home birth workflows - Neonatal resuscitation, Apgar, post-resuscitation care, NRP, code cart, umbilical line tray, pneumothorax tray						
Final integrated OB assignment - Complete supervised OB assignment with maternal-newborn prioritization, documentation, patient/family teaching, safety checks, and escalation - Preceptor validates readiness for independent OB practice or defines remaining follow-up						

Phase 5 Bridge: Med/Surg to OB

Bridge for a nurse who completed Med/Surg Phase 1-4 and now needs OB enculturation, maternal-newborn assessment, L&D, postpartum, nursery, and OB emergency validation.

Before moving on: Complete the bridge when Med/Surg competence carries forward and the OB-specific items below have been validated in the OB environment.

Checklist source: FFTH Post Partum Orientation; FFTH Labor and delivery orientation; FFTH Nursery Orientation

Checklist item / source details	Observed	Performed	Competent	N/A	Date / initials	Notes
OB enculturation and physical unit orientation - Birthing Center layout, team roles, provider/supervisor communication, HUGS, Obix/Stork, Pyxis, Rover, Vocera - OB emergency equipment, OR/sterile supplies, delivery trays, PPH kit/box, neonatal code cart						
Re-check shared skills in OB context - Communication, SBAR, handoff, documentation, privacy, infection prevention, mobility/fall risk, patient/family education - How maternal-newborn escalation differs from Med/Surg escalation						
Maternal assessment and postpartum care - Fundus/lochia/perineum/breast/respiratory/elimination/psychosocial assessment - C-section recovery, epidural/spinal follow-up, postpartum mood disorders, Rhogam, gestational diabetes, obesity risk						
L&D triage, fetal monitoring, and OB procedures - Admission/triage navigator, fetal monitoring basics, NST/BPP, external/internal monitoring, IUPC - Pitocin, cervical ripening, analgesia/anesthesia support, preeclampsia/MgSO4, preterm labor, rupture of membranes						
Nursery safety and newborn assessment - Infant safety, HUGS/ID bands, admission meds/vitals, newborn assessment, hypoglycemia, radiant warmer, cardio-respiratory monitor - Nutrition, screening, phototherapy, septic workup, transfer/readmission, NRP/code cart						
OB emergency readiness and final bridge review - OB code, C-section preparation, PPH/MTP, prolapsed cord, abruption/previa, shoulder dystocia, precipitous delivery, stillbirth/bereavement - Complete supervised OB assignment and identify any remaining exposures/simulation needs						